

Heather^{♦♦} Sheaffer, PhD

Licensed Psychologist

Oregon Certified Forensic Evaluator

Oregon License number 3211, Washington license number PSY 61103636

CONTACT

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EDUCATION

2018 Ph.D., Clinical Psychology
Fielding Graduate University

2012 M.A., Clinical Psychology
Pepperdine University, Graduate School of Education and Psychology

Summary of training and experience: I am a licensed psychologist in Oregon and Washington, and an Oregon Certified Forensic Examiner. I earned a master's degree in clinical psychology from Pepperdine University Graduate School of Education and Psychology prior to earning my Ph.D. from Fielding Graduate University. While completing an APA accredited internship at Oahu Community Corrections Center, I worked with incarcerated men and women with serious and persistent mental illness. I also have a strong background in both the assessment and treatment of domestic violence.

I have used my varied clinical experience to inform fair and balanced evaluations related to a breadth and depth of matters including domestic violence, parental capacity and child custody, child abuse, posttraumatic stress disorder, financial crimes, sexual assault, and murder. These experiences have deepened my passion for forensic psychology and furthered my understanding of the importance of high-quality forensic evaluations.

CLINICAL EXPERIENCE

- 2020-present **Heather Sheaffer, Ph.D., LLC**
Portland, Oregon
 Clinical Psychologist, Forensic Evaluator (2020-present)
- 2016-2021 **Forensic Evaluation and Consultation Services, LLC**
Portland, Oregon
 Clinical Psychologist, Forensic Evaluator (2020-2021)
 Clinical Psychology Resident (2018-2019)
 Clinical Practicum Student (2016-2017)
- 2015-present **Allies in Change Counseling Center**
Portland, Oregon
 Clinical Psychologist (2020-present)
 Clinical Psychology Resident (2018-2019)
 Staff Clinician (2016-2017)
 Clinical Practicum Student (2015-2016)
- 2018-2021 **Multnomah County Department of Health**
Multnomah County Jail, Inverness
Portland, Oregon
 Mental Health Consultant
- 2017-2018 **Hawai'i Psychology Internship Consortium**
O'ahu Community Corrections Center
 Clinical Psychology Intern
- 2013-2015 **Orange County Mental Health Experts, Newport Beach, CA**
 Clinical Practicum Student

MEDIA COVERAGE

- 2023 Advancements with Ted Danson. February 8, 2023.
- 2021 *Mental health care workers stretched thin to address urgent need in pandemic.* ABC News. January 19, 2021.

INVITED TALKS AND PRESENTATIONS

- 2025 **Sheafer, H.,** & White, N. (2025). *Ethical clinical supervision: Unique considerations for psychological training*. Portland Mental Health and Wellness, Portland, Oregon.
- 2024 **Sheafer, H.,** Bee, H., & Turnage, K. (2024, May 7). *OPA Ethics Committee training*. Portland State University, Portland, Oregon.
- 2024 **Sheafer, H.,** & Steen, E. K. (2024). *The ethical practice of psychology within systems and organizations*. Oregon State Hospital, Salem, Oregon.
- 2023 Clark, J. & **Sheafer, H.** (2023). *OPA Ethics Committee: Exploration of consultation calls over the years*. Oregon Health and Science University. Portland, Oregon.
- 2022 The OPA Ethics Committee (2022). *Zooming in and out: Ethical Hybrid Practice*. Oregon Psychological Association. Oregon City, Oregon.
- 2021 **Sheafer, H.** (2021). *Domestic Violence Evaluations*. Batterer Intervention Provider Network. Portland, Oregon.
- 2021 **Sheafer, H.** (2021). *Domestic Violence Evaluations for Criminal Mitigation*. Multnomah Public Defenders. Portland, Oregon.
- 2020 **Sheafer, H.** (2021). *Domestic Violence Evaluations for Child Welfare*. Oregon Department of Human Services. Portland, Oregon.

PUBLICATIONS

- Zornes, D. G., **Sheafer, H.,** & Oregon Psychological Association Ethics Committee. (2023, May 1). *Ethical and effective clinical supervision: Unique considerations for a vital role in psychological training*. Oregon Psychological Association.
- Keene, A., **Sheafer, H.,** & Oregon Psychological Association Ethics Committee. (2021, December 1). *Remote suicide risk assessment and ethical practice*. Oregon Psychological Association.
- Lahkhan, S.E., **Sheafer, H.** & Tepper, D. (2016) The effectiveness of Aromatherapy in Reducing Pain: A systematic review and meta-analysis. *Pain Research and Treatment*.
- Friedman-Folman, P., **Sheafer, H.,** Bendell-Estroff, D. & Field, T. (2015) *The Influence of Immigration on Child Neglect: How Parental Acculturation Stress affects Migrant Children*. Fielding Graduate University Summer Poster Session. Fielding Graduate University. Chicago, IL.
- Sheafer, H.** (2014). *The Narcissist Next Door: An Intimate Look at Narcissistic Culture*. Ft. Lauderdale, FL.: Page Turner Press.
- Sheafer, H.** (2013). In Pursuit of Harmonious Parenting. In Morgan, D. *Unalienable Pursuits*. Clarion, PA: Positivity Academy

RESEARCH EXPERIENCE

- 2018 Doctoral Dissertation: *The Psychological Experiences of Women in Relationships with Men with Narcissistic Traits*
- 2015 Research associate: *The Influence of Immigration on Child Neglect: How Parental Acculturation Stress affects Migrant Children*
- 2013 Research assistant, Johns Hopkins, University: *Preventable Risk Factors for Chronic Diseases in Mongolia.*
- 2012 Research assistant, Johns Hopkins, University: *Do Workplace Wellness Programs Really Work?*

PROFESSIONAL MEMBERSHIPS AND AFFILIATIONS

- 2022-present American Psychological Association (APA)
- 2021-present Oregon Psychological Association Ethics Committee
Chair, 2023-2024
- 2021-present National Register of Health Services Psychologists (HSP)
- 2015-present Oregon Psychological Association (OPA)

SCHOLARSHIPS & AWARDS

- 2016 Fielding Research Grant, Fielding Graduate University
- 2010 Pepperdine Colleague's Award, Pepperdine University
- 2010 Psi Chi (The International Honor Society in Psychology)
Pepperdine University